From Margaret Tuffin, Worship Leader.

During the last few weeks, I have had the most wonderful bread delivered from the local farm shop. I remember as a young girl the smell of new bread in my father's bake house. A new crust with jam was my favourite snack when I arrived home from school.

Bread is a basic food all over the world with many versions.

We read in Exodus Chapter 16 how God provided bread for the Israelites in the wilderness. The following is inspired by those words.

Bread making God, providing food for your children With an abundance that surpasses our hopes, we praise you. GOD, MAKER AND BREAKER OF BREAD, FEED AND NOURISH US WITH YOUR LOVE.

Bread making God, working with those who sweat and struggle To. Provide food and nourishment for the hungry, Bring justice to your world.

GOD! MAKER AND BREAKER OF BREAD FEED US AND NOURISH US WITH YOUR LOVE

Bread making God, hearing our greedy clamour for more, our desire for possessions surplus to our needs, forgive us.

GOD MAKER AND BREAKER OF BREAD FEED US AND NOURISH US WITH YOUR LOVE

Bread making God, offering us the bread of life, mysterious in its brokenness, feed us.

GOD ,M AKER AND BREAKER OF BREAD, FEED AND NOURISH US WITH YOUR LOVE.

We read in Luke chapter 4 16-30 how Jesus, quoting from Isaiah announces that he has come to proclaim good news to the poor. As followers of Christ in today's world, Where there is so much injustice how can we ignore those in our world who are hungry for bread? 11 percent of the world's population are hungry and we have seen in this country the growth of those needing the aid from food banks.

At Holy Communion, we take bread in remembrance of Christ. How can we be bread for others and so remember Christ? Bernadette Farrell has written a song with words from the chorus which may help us.

Bread for the world A world of hunger Wine for all people People who thirst May we who eat Be bread for others May we who drink Pour out our love.

Perhaps before you eat your next "bread", you may like to say these words.

God bless to us our bread And give bread to those who are hungry And hunger for justice to those who are fed God bless to us our bread.

Amen